



## TUESDAY 3RD MARCH 2026



09:00-09:40 - PROFESSOR CYNTHIA FORMOSA

STAGE 1

Integrating innovations and technology in daily Podiatric Practice



09:00-09:40 - RAJIV LIMAYE

STAGE 2

Update in the management of Hallux Rigidus



09:00-09:40 - IVAN BRISTOW

STAGE 3

Onychomycosis and treatment - what's best practice?



09:00-10:30 - TYSON FRANKLIN

LEARNING LAB

Decide where you are going



09:40-10:20 - KATIE BELL

STAGE 1

The no-fluff marketing plan for therapists who hate marketing



09:40-10:20 - SWIFT WORKSHOP WITH GEMMA CHAREKA-THROWER AND MATTHEW BUTTERS

STAGE 2

Swift in Practice



09:40-10:20 - PROFESSOR ALFRED GATT

STAGE 3

Intelligent Foot Offloading Orthoses Technology (iFOOT) effectiveness to offload the high risk diabetic foot

## 10:20 BREAK



11:00-11:30 - AFNI SHAH-HAMILTON

STAGE 1

Managing the podiatric side effects of cancer treatment



11:00-11:30 - VENN HEALTHCARE WORKSHOP WITH STUART BROWN

STAGE 2

Improving Plantar Fasciitis Outcomes and the Brand New Next Generation Radial Shockwave Icon



11:00-11:30 - DR JENNIFER ANDREWS

STAGE 3

Skin Barrier Dysfunction and Ulceration in Diabetes



11:00-12:30 - MR RAJIV LIMAYE

LEARNING LAB

First MTP Joint Replacement

# THE foot & ankle SHOW



11:30-12:00 - VALD WORKSHOP WITH LUKE VAN ZYL & LEONARDO MURABITO

STAGE 1

VALD: Data-Driven Foot & Ankle Assessments in Clinical Practice



11:30-12:00 - SWOOP LEARNING WORKSHOP WITH VICTORIA NORTH

STAGE 2

I Attended a Course... Now What?



11:30-12:00 - JULIAN PEACE

STAGE 3

The Nail Files



12:00-12:30 - MR MIKE KARSKI

STAGE 1

Managing ankle arthritis: What are the surgical options?



12:00-12:30 - DR MARK PRICE

STAGE 2

A Method For The Weight-Bearing Assessment Of The Plantar Fascial Thickness And Stiffness



12:00-12:30 - HUNTLEIGH WORKSHOP WITH DEBBIE RUFF

STAGE 3

Assessing a limb of concern "Vascular Assessment Made Easy"

## 12:30 LUNCH



13:30-14:10 - PROFESSOR GEORGE FLANAGAN

STAGE 1

Bone grafts in the foot & ankle - why and how



13:30-14:10 - SARAH BRADSHAW

STAGE 2

The Development of the CUBED App for Podiatrists (a tool to assist Podiatrists in identifying and referring suspicious skin lesions)



13:30-14:10 - SIMON BARTOLD

STAGE 3

Where is running footwear headed?



13:30-15:00 - RACHEL CRAIG AND KAREN MACWEE / RUCHE MARKETING

LEARNING LAB

Marketing Your Business - The Fundamentals




# THE **foot & ankle** SHOW



**14:10-14:50 - KIRSTEN SINCLAIR**

**STAGE 1**

Are you a Podiatrist with itchy feet? It might be time for a career pivot.



**14:10-14:50 - LIZ BAYLEY**

**STAGE 2**

Sesamoiditis - a dance physio's perspective



**14:10-14:50 - CATHERINE HUGHES**

**STAGE 3**

PODtox® - an alternative treatment for Plantar Fasciitis

## 14:50 BREAK



**15:30-16:00 - KATIE BELL**

**STAGE 1**

You're not a charity: how to stop undervaluing your therapy skills



**15:30-16:00 - ADELE BECKETT**

**STAGE 2**

Beyond the eyes



**15:30-16:00 - FORMTHOTICS WORKSHOP WITH LOUISE REANEY**

**STAGE 3**

Avoiding MSK? You're Not Alone, But You Don't Have to Be!



**15:30-17:00 - RACHEL CRAIG AND KAREN MACWEE / RUCHE MARKETING**

**LEARNING LAB**

Marketing Your Business - The Fundamentals



**16:00-16:30 - DEBBIE RUFF**

**STAGE 1**

Vascular Assessment in Private Practice



**16:00-16:30 - FOOTHEALTH WORKSHOP WITH TREVOR PRIOR**

**STAGE 2**

Where Science Meets Success. How Modern Thinking in Foot Function Can Transform Care and Strengthen Clinical Practice



**16:00-16:30 - DAVE DUNNING**

**STAGE 3**

Let's talk about bunions

# THE foot & ankle SHOW



**16:30-17:00 - SPLOSE WORKSHOP WITH LEE FEGREDO**

**STAGE 1**

AI and Automation in action: reclaiming time and boosting care in your practice



**16:00-16:30 - PODERM WORKSHOP WITH MATHILDE GALY**

**STAGE 2**

From Infection to Restoration: A New Era in Fungal Nail Management



**16:30-17:00 - DR MARK PRICE**

**STAGE 3**

Quantification of the mechanical response of the plantar fascia to changes in rearfoot position.



**17:00 END OF DAY**



**JOIN US FOR A DRINKS RECEPTION AT  
17:00 IN THE HALL**





## WEDNESDAY 4TH MARCH 2026



09:00-09:40 - KRISHNA GOHIL

STAGE 1

The 3 P's of Vascular Assessment



09:00-09:40 - COLIN PAPWORTH

STAGE 2

Functional Biomechanics Made Easy. Why assessment is key, what to look for and how to keep these patients moving.



09:00-09:40 - TYSON FRANKLIN

STAGE 3

Skills Transference and How to Learn Everything Faster



09:00-10:30 - DAN BROADHEAD

LEARNING LAB

From Assessment to Custom Fitting



09:40-10:20 - ADELE BECKETT

STAGE 1

Beyond the eyes - Uncovered



09:40-10:20 - SWIFT WORKSHOP WITH KARINE EWART

STAGE 2

Hear the latest developments in treating Fungal Nail



09:40-10:20 - ZOE WILSON

STAGE 3

The Diagnosis and Management of Partial and Complete Tendon Ruptures in a Multidisciplinary Setting

## 10:20 BREAK



11:00-11:30 - KATIE BELL

STAGE 1

You're not a charity: how to stop undervaluing your therapy skills



11:00-11:30 - VENN HEALTHCARE WORKSHOP WITH STUART BROWN

STAGE 2

Beyond Tendonopathy - The Lower Limb and Brand New Next Generation Radial Shockwave Icon



11:00-11:30 - BTL WORKSHOP

STAGE 3

TBC



11:00-12:30 - ABDULRHMAN SALEH

LEARNING LAB

Myofascial Release Techniques



# THE foot & ankle SHOW



11:30-12:00 - INSTITUTE OF PODIATRISTS WORKSHOP WITH MICHAEL RATLCIFFE

STAGE 1

Application of Low Dye Taping using Elastic Adhesive Bandage for First Step Pain Relief in Plantar Fasciopathy



11:30-12:00 - MICHELLE BROOKE-HAUGHTON, MSC., FRCPOD.

STAGE 2

The podiatry apprenticeship in private practice; everything you need to know



11:30-12:00 - MR TIM CLOUGH

STAGE 3

Achilles tendinopathy - what's new in its management?



12:00-12:30 - FORMTHOTICS WORKSHOP WITH DAN BROADHEAD

STAGE 1

Formthotics in Action: Assessment, Fitting, and Clinical Application



12:00-12:30 - DR MARK PRICE

STAGE 2

Masterclass on Plantar Heel Pain (PHP)



12:00-12:30 - HUNTLEIGH WORKSHOP WITH DEBBIE RUFF

STAGE 3

Assessing a limb of concern "Vascular Assessment Made Easy"

## 12:30 LUNCH



13:30-14:00 - CHERENE BENNETT

STAGE 1

From Overwhelmed to Aligned - Weekly planning for clinicians who want more



13:30-14:00 - ABID ALI

STAGE 2

Ultrasound Unveiled: Transforming Foot and Ankle Diagnostics



13:30-14:00 - IAN SADLER

STAGE 3

3D Printing & Orthotic Insoles: What Every Clinic Needs to Know Now



13:30-15:00 - MARTIN MCCAFFERTY

LEARNING LAB

Introduction to MSK Taping Techniques



# THE foot & ankle SHOW



14:00-14:30 - HIM SHUN KEI

STAGE 1

Wound Dressings and Advanced Wound Therapy



14:00-14:30 - DEBBIE DELVES

STAGE 2

Leading for the Long Game - Building a Thriving Podiatry Practice



ALGEOS

14:00-14:30 - ALGEOS WORKSHOP WITH LOUISE FISHER

STAGE 3

Scan Smarter: Mastering Digital Foot Scanning for Custom Orthoses



14:30-15:00 - DAVE DUNNING

STAGE 1

Gait - The Fundamentals



LSN

BLS

14:30-15:00 - LYMPHOEDEMA SUPPORT NETWORK WORKSHOP

STAGE 2

Lower limb lymphoedema, the role of the podiatrist.



14:30-15:00 - REBECCA RODGER & DR DANIEL METCALF

STAGE 3

Are all Antimicrobial Dressings the Same? Clinical Study Data on Two Novel Antibiofilm Dressing Technologies

**15:00 END OF CONFERENCE**

SEE YOU NEXT YEAR!  
#FASHOW2027 INCOMING