



## TUESDAY 4TH FEBRUARY 2025



09:00-09:40 - STEVE JUDGE

STAGE 1

Good to GOLD



09:00-09:40 - RAJIV LIMAYE PRESENTATION

STAGE 2

Hallux Rigidus/ Limitus - What are the latest options in management?



09:40-10:20 - DR KIRWADI & DR MISTRY

STAGE 1

TBC



09:40-10:20 - NICOLA O'BRIAN

STAGE 2

Cosmetic Podiatry - A beautiful way to diversify your practice



09:40-10:20 - CANONBURY WORKSHOP

STAGE 3

TBC

### 10:20 BREAK



11:00-11:30 - PODERM WORKSHOP WITH MATHILDE GALY

STAGE 1

A new approach to fungal nail treatment: advanced techniques in podiatry and pedicure care utilising innovative instruments



11:00-11:30 - VENN HEALTHCARE WORKSHOP WITH STUART BROWN

STAGE 2

Shockwave For the lower limb beyond tendinopathy



11:00-11:30 - RAJIV LIMAYE WORKSHOP

STAGE 3

First MTP joint replacement using Swanson's silicone toe joint replacements



11:30-12:00 - SWIFT WORKSHOP

STAGE 1

TBC



11:30-12:00 - ABDULRHMAN SALEH

STAGE 2

Foot Ankle Examination



**11:30-12:00 - DR JULIAN PEACE**

**STAGE 3**

'Don't Be Rash' - common skin eruptions and their misdiagnoses



**12:00-12:30 - DEBBIE RUFF**

**STAGE 1**

Assessing a limb of concern "On a busy clinic"



**12:00-12:30 - ESPERE / VERRUTOP WORKSHOP WITH CHRIS STEEPLES**

**STAGE 2**

Ah Yes! ..... But where's the evidence?



**12:00-12:30 - UNIVERSITY OF PLYMOUTH WITH PHIL HENDY**

**STAGE 3**

Stepping Up: Unlocking Success Through Higher Education Podiatry Apprenticeships

## 12:30 LUNCH



**13:30-14:10 - TYSON FRANKLIN**

**STAGE 1**

Happiness & Achievement Are Independent Variables



**13:30-14:10 - BRONWYN COOPER**

**STAGE 2**

Chronic Pain: The advent of new technology providing painless treatment means all the therapies, not just podiatry, are perfectly suited to do more in this growing field, including neuropathic pain.



**13:30-14:10 - DENOVO WORKSHOP**

**STAGE 3**

TBC



**14:10-14:50 - MR. CLIFTON BRADELEY**

**STAGE 1**

Pelvic Adaptation to Anatomical Limb Length Discrepancy (A-LLD): A PhD Research Update



**14:10-14:50 - MRS. ANDREA GLEDHILL**

**STAGE 2**

From Podiatrist to Surgeon... and then what? My journey in Podiatric Surgery, the good, the bad and the ugly.



**14:10-14:50 - GILL, TOM & KATIE FOX**

**STAGE 3**

TBC



## 14:50 BREAK



**15:30-16:00 - CHERENE BENNETT**

**STAGE 1**

Beating burnout as a business owner



**15:30-16:00 - QWADRA WORKSHOP WITH LUCILE DENUAULT**

**STAGE 2**

Revolutionizing Diabetic Podiatry Care: Arkad's Custom 3D-Printed Insoles



**15:30-16:00 - DR BEN MORRELL**

**STAGE 3**

What's in foot moisturisers and why? Tips for practical treatment approach for xerosis



**16:00-16:30 - COLIN PAPWORTH**

**STAGE 1**

Runners - Tips and Tricks for Assessing and Treating



**16:00-16:30 - KATIE BELL**

**STAGE 2**

Why your clinic needs a subscription model



**16:00-16:30 - FORMTHOTICS WORKSHOP WITH LIAM MCMANUS & PENNY KAY**

**STAGE 3**

Practical Insights: How South West Podiatry Modifies Formthotics for Targeted Care



**16:30-17:00 - DAN BROADHEAD**

**STAGE 2**

My Path to Competence in Diagnostic Ultrasound: From Novice to Not-So-Novice!



**15:30-16:00 - GARETH HICKS**

**STAGE 3**

Diabetes & The Foot: Prevention is Preferable!

**SPONSOR**



## 17:00 END OF DAY



**JOIN US FOR A DRINKS RECEPTION AT 17:00 IN THE HALL**





## WEDNESDAY 5TH FEBRUARY 2025



09:00-09:40 - MR. CLIFTON BRADELEY

STAGE 1

Super-Shoes: Not so Super for Some Runners



09:00-09:40 - CYNTHIA FORMOSA AND ALFRED GATT

STAGE 2

Diabetic amputations are still more frightening than death - Act now before it is too late!



09:40-10:20 - JONATHAN SMALL

STAGE 1

Follow The White Rabbit: 30 years of redefining the matrix of private Podiatry



09:40-10:20 - TREVOR PRIOR

STAGE 2

Running shoes and orthoses: do we have any clue?

## 10:20 BREAK



11:00-11:30 - MR TIM CLOUGH

STAGE 1

Bad Bunions, Hammer Toe and Metatarsalgia - what to do when it all gets too much?



11:00-11:30 - VENN HEALTHCARE WORKSHOP WITH STUART BROWN

STAGE 2

Optimising Plantar Fasciitis results



11:00 - 11:30 - EMMANOUIL ARVANITAKIS

STAGE 3

Conservative treating methods of Hallux Valgus - presenting my PhD work



11:30-12:00 - ABID ALI

STAGE 1

Ultrasound Scanning - Enhance your skills



11:30-12:00 - DR ANDREW HILL

STAGE 2

New Frontiers in Podiatry Education



11:30-12:00 - K-LASER WORKSHOP

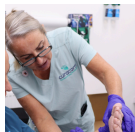
STAGE 3

TBC

12:00-12:30 - TALARMADE WORKSHOP

**STAGE 1**

TBC



12:00-12:30 - CATHERINE HUGHES

**STAGE 2**

A new era of innovative injectables in Podiatry



12:00-12:30 - WENDY KANE & KARIN RODGERS (CMTUK)

**STAGE 3**

CMT - The Patient's story

**12:30 LUNCH**



13:30-14:00 - KATIE BELL

**STAGE 1**

How to become fully booked without social media



13:30-14:00 - AOIFE HEELEY

**STAGE 2**

Therapeutic Footwear: Exploring the Evidence



13:30-14:00 - FORMTHOTICS WORKSHOP WITH LOUISE REANEY

**STAGE 3**

From routine care to MSK proficiency. How we transformed our practice with Formthotics



14:00-14:30 - IAN SADLER

**STAGE 1**

The 5 Keys to Prescribing Orthotic Insoles



14:00-14:30 - RENA FRANCIS

**STAGE 2**

Diabetic foot surgery and limb salvage



14:00-14:30 - LISA PERRIE

**STAGE 3**

The Membership Revolution Miss it - Miss out



14:30-15:00 - TYSON FRANKLIN

**STAGE 1**

30 Tips to Improve Your Podiatry Career



14:30-15:00 - ABDULRHMAN SALEH

**STAGE 2**

Tips on Heel Pain Treatment

**15:00 END OF CONFERENCE**